

Puget Sound Polo

Girls HS Winter Session 2022-2023

High School Girls Fall Program (Girls grades 7th-12th)

Our winters girls program is designed for athletes who would like to continue developing as a water polo player, specifically for those girls looking to get in shape for the upcoming high school seasons. All girls who are considering playing for a Junior Olympic team should turn out, including those athletes who are in 7th grade and want to participate on the PSP 14U Team. The winter program will focus on teaching fundamentals: passing, shooting, body positioning, as well as specific water polo positions (goalie, center forward, 2 meter defender, attacker, driver, etc.)

Practice Fee: \$325.00 dollars for the entire practice session. PSP does not prorate practices. Those who sign up are required to pay the full cost. Submit payment online (link will be provided by November 15th).

Registration forms are online: Visit: <https://www.pugetsoundpolo.com/join-now>

Note: Registration should be completed prior to the athlete's first practice. Payment is due before or on November 19th. New registration is required every September. Athletes who participated in our fall polo program do not need to register.

All athletes must be current USA Water Polo Members to participate in any Puget Sound Polo high school program. Athletes can sign up for USA Water Polo at www.usawaterpolo.org We are club 64, Puget Sound Polo. Athletes need to be signed up for at least Bronze Membership. Polo registration expires every December 31st.

Questions?

Coach Wallen	Cell: 253-365-5667	email: mikewallen@gmail.com
Coach Hacker	Cell: 253-720-3265	email: hackeralex17@gmail.com

Practice schedule on back of flyer

2022-23 Fall Girls Scrimmage Dates and Times:

Saturday, November 19 th	Rogers HS	7:00-8:30am
Saturday, November 26	Rogers HS	7:00-8:30am
Saturday, December 3 rd	Rogers HS	7:00-8:30am
Wednesday, December 7 th	Gig Harbor HS	7:00-8:30pm
Saturday, December 10 th	Rogers HS	7:00-8:30am
Tuesday, December 13 th	Curtis HS	7:30-9:00pm
Wednesday, December 14 th	Lakes HS	7:00-8:30pm
Saturday, December 17 th	Rogers HS	7:00-8:30am
Monday, December 19 th	Curtis HS	10:30-12:30pm
Wednesday, December 21 st	Curtis HS	10:30-12:30pm
Monday, December 26 th	Curtis HS	10:30-12:30pm
Wednesday, December 28 th	Curtis HS	10:30-12:30pm
Wednesday, January 4 th	Lakes HS	7:00-8:30pm
Thursday, January 5 th	Curtis HS	3:00-4:30pm
Saturday, January 7 th	Rogers HS	7:00-8:30am
Wednesday, January 11 th	Lakes HS	7:00-8:30pm
Thursday, January 12 th	Curtis HS	3:00-4:30pm
Saturday, January 14 th	Rogers HS	7:00-8:30am
Tuesday, January 17 th	Curtis HS	3:00-4:30pm
Wednesday, January 18 th	Lakes HS	7:00-8:30pm
Thursday, January 19 th	Curtis HS	3:00-4:30pm
Wednesday, January 25 th	Lakes HS	7:00-8:30pm
Saturday, January 28 th	Rogers HS	7:00-8:30am
Saturday, February 4 th	Rogers HS	7:00-8:30am
Saturday, February 11 th	Rogers HS	7:00-8:30am
Saturday, February 18 th	Rogers HS	7:00-8:30am